

Strawberry Vanilla Smoothie



Ingredients:

- 3 Strawberries
- 3 Ice Cubes
- 8-12 oz. of Club Soda
- 2 Tbsp. Whipped Cream
- 2 Packets of French Vanilla Splenda
- 1 Packet Splenda

Directions:

Blend & Enjoy!

You may garnish with an additional strawberry and whipped cream if you can justify the calories! Also, be creative and substitute the strawberries for other fruits and berries.

Yields: 1 yummy smoothie | Calories: 50 | Calories Saved: Unlimited