

Splenda French Vanilla Berry Popsicles!



Ingredients:

- 2 cups fruit juice
- 1 cup unsweetened frozen or fresh berries
- ½ cup low fat plain yogurt
- 6 packets of French Vanilla Splenda Flavoring

Directions:

Step 1: Purchase all your ingredients and make sure you have Popsicle molds. You can also use Dixie cups and Popsicle sticks.

Step 2: Mix all ingredients.

Step 3: Pour into molds.

Step 4: Freeze.

Step 5: Eat and Enjoy!

Yields: 8-10 Popsicles