

## Healthy Vegetable Soup



### Ingredients:

- 1 bag of vegetables
- 1 small can of tomato sauce
- 1 can of diced tomatoes
- 1 can of stewed tomatoes
- optional potatoes
- optional meat

### Directions:

Step 1: Over medium high heat, add all ingredients into pot.

Step 2: When it is hot, EAT IT!